

Tacoma Community College 2026-2027 Approved Distribution Course List

Bold courses indicate Common Course Numbers that are notated with an ampersand (&) (e.g.: ENGL& 101).

COMMUNICATION SKILLS

Communication Studies: **102, 220, 230, 240, 320, 330**

English: **101, 102, 103, 235, 301**

QUANTITATIVE/SYMBOLIC REASONING

Math: **107, 131, 132, 141, 142, 146, 147, 148, 151, 152, 153, 179, 220, 238, 254**

HUMANITIES

[Asterisks () indicate Performance or Skills courses]*

Anthropology: **207**

Art: **100, 102*, 103*, 104*, 105*, 125*, 130*, 145*, 147*, 148*, 150*, 155*, 170*, 180, 201, 202, 203, 205*, 225*, 230*, 245*, 247*, 250*, 255*, 270***

Communication Studies: **101, 102, 210, 220, 230, 240, 320**

Engineering: **114**

English: **112, 113, 114, 220, 226, 227, 234, 242, 244, 245, 246, 261, 262, 271, 276*, 278*, 280**

History: **219, 231**

Humanities **101, 110, 116, 117, 118, 120, 130, 179, 285**

Languages: Chinese **121, 122, 123**; Japanese: **121, 122, 123**; Lushootseed: **121, 122, 123**; Spanish: **121, 122, 123, 221, 222, 223**

Music: **105, 106, 110, 120, 122*, 124*, 125*, 126*, 131*, 132*, 133*, 134*, 135*, 136*, 141, 142, 143, 151*, 152*, 160*, 161*, 165*, 179, 211, 212, 213, 231*, 232*, 233*, 234*, 235*, 236*, 241, 242, 243, 252*, 260*, 261*, 265***

Philosophy: **101, 201, 202, 320**

SOCIAL SCIENCE

Anthropology: **100, 204, 205, 206, 207, 210, 237, 245**

Business: **101, 150, 201, 310, 330**

Economics: **201, 202**

Education: **205, 240**

Engineering: **104**

History: **126, 127, 128, 146, 147, 148, 210, 211, 214, 215, 219, 220, 224, 230, 231, 240, 244**

Political Science: **101, 201, 202, 203, 231, 240**

Psychology: **100, 180, 200, 202, 205, 209, 220, 240, 301**

Sociology: **101, 120, 200, 201, 205, 222, 238, 260, 262, 265, 271, 287**

Social Science: **204, 205**

GENERAL DISTRIBUTION (DISTRIBUTION ELECTIVES)

Accounting: **201, 202, 203**

Business: **256**

Computer Science: **120, 142, 143**

Early Childhood Education (ECED): **105**

Education: **115**

Engineering: **170, 204, 214, 215, 224, 225, 240, 270L**

Library Science: **101, 301**

Non-Activity Physical Education: **191, 285**

NATURAL SCIENCES

Biological, Earth, and Physical Sciences Courses

["L" indicates lab courses]

Anthropology: **205, 237, 245**

Astronomy: **110L, 115L**

Biology: **100L, 105L, 110L, 125L, 140L, 160L, 175L, 179, 221L, 222L, 223L, 241L, 242L, 260L**

Botany: **101L, 179**

Chemistry: **110L, 121L, 131L, 140L, 161L, 162L, 163L, 261L, 262L, 263L**

Environmental Science: **101L, 105L, 179, 210L**

Geography: **205L, 210L**

Geology: **101L, 108L, 179**

Nutrition: **101**

Oceanography: **101L, 179**

Physics: **114L, 115L, 116L, 221L, 222L, 223L**

Science: **105L**

General Science Courses

Health Information Technology: **161**

Nutrition: **250, 251**

PHYSICAL EDUCATION (ACTIVITY CREDITS)

[Only 3 Activity PE credits can be used towards a degree.]

Activity Physical Education: **100, 106, 108, 109, 111, 122, 126, 135, 136, 140, 142, 155, 170, 171, 175, 200, 201, 208, 222, 226, 233, 236, 237, 241, 295, 299**

MULTICULTURAL

Anthropology: **100, 206, 207, 210,**

Art: **100**

Business: **150**

Communication Studies: **102, 210, 240**

Education: **240**

English: **227, 234, 242, 244, 245, 246, 261, 262, 271, 280**

History: **126, 127, 128, 210, 211, 215, 219, 220, 224, 230, 231, 240**

Humanities: **101, 110, 116, 117, 118, 120**

Languages: Chinese **121, 122, 123**; Japanese: **121, 122, 123**;

Lushootseed: **121, 122, 123**; Spanish: **121, 122, 123, 221, 222, 223**

Music: **106**

Psychology: **200**

Sociology: **101, 120, 201, 205, 222, 238, 260, 262, 265, 287**

Non-Distribution Multicultural Courses

[Do NOT satisfy any Distribution requirements; may apply to Other College-Level Electives.]

Community Health: **440**

Early Childhood Education (ECE): **130**

Human Development: **110**

Human Services: **126**